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What's on
TV

RE

THE TV

Revealing...
Julia following
her treatment



NEW

Life after DIAGNOSIS

Julia Bradbury shares her breast-cancer
story for an emotional new documentary

After Julia Bradbury was
first diagnosed with
breast cancer last year,
she began to post updates to
her social media to help spread
awareness of the disease.

And she allowed cameras into
her home to follow her story for
her new ITV documentary...

Personal journey

'I wasn't expecting to make a
programme about myself,' says
Julia, who lives with her husband
Gerard, son Zeph, 10, and twin
girls Zena and Xanthe, seven.
'It's an emotional, intimate look
at my experience. It's not meant
to be the definitive breast-cancer
documentary, but it's my story.'

The film follows the
Countryfile presenter
from the early days
of diagnosis to
her mastectomy
and the ups and
downs of her
recovery. She
also meets
others facing

**JULIA BRADBURY:
BREAST CANCER
AND ME**

Thursday, 9pm, ITV Factual

similar struggles, while focusing
on her own family.

'I have an incredibly close,
loving family, and three young
children, who are my motivation,'
says Julia. 'My older sister Gina
has always looked out for me but
this has tested her to the max.'

Meanwhile, Julia says she has
learnt to show vulnerability.

'Before my diagnosis, I found
it hard to give in to vulnerability.
But when you first hear the
words, "You have cancer," you
can't help but think about
death,' she says.

'I've felt fear, but
with that has come
a new awareness
of my emotions
and a realisation
that putting on a
brave face isn't
the best thing in
situations like this.'



Family support... Julia
(right) with sister Gina

WORDS: HANNAH DAVIES, STEVEN PERKINS. PHOTOS: ITV



NEW

Separat lives

A Long Lost Family
special explores
the heartbreaking
stories of Britain's
child migrants...

**LONG LOST FAMILY SPECIAL:
SHIPPED TO AUSTRALIA**

Monday, 9pm, ITV Factual

When Dorian Thomas
Reece was eight
years old and living
in a children's home in the
UK, he was sent to Australia
as part of Britain's child
migrant scheme. The aim of
the programme was to give
children in care a better life,
but it had a darker side.

Dorian's story is one of
those told in this *Long Lost
Family* special, which reveals
that children were cut off from
relatives and often placed in
care homes rife with abuse.

The special follows Dorian's
search for information about
the father he never knew.

'We found my mother quite
a few years ago, but it was



Crossing continents...
With presenter
Davina McCall

too daunting to
for my father,' sa
now 76. 'But wh
daughter-in-law
Long Lost Family
said, "Yes, we ca
we jumped at the

Finding

The search reve
Dorian's father
Thomas, died in
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