

Julia has been synonymous with nature programmes on our TV's for the last couple of decades and is almost seen as a national treasure, for many of the men, she is simply seen as Country Totty!

We asked Julia what she thought of that title, through the laughs she replied "I think I've been referred to as City totty... I take it as a compliment and with a very large granule of salt as well, I think everyone is given a bit of a tag and if mine is that at the moment that's fine I accept it with a large grin on my face."

Julia's presenting interest came about with an admiration of the Labour Peer, journalist and presenter Joan Bakwell and the very fact that she just wanted to work on TV and counts herself very lucky to have remained on our TV sets and given the opportunity to present some much loved programmes. Her career started in the 90's, a young enthusiastic and gutsy host she worked on Watchdog for five years and she recalls "I did a great thing called Kill It, Cook It, Eat It for BBC Three and consumer television is still a great passion of mine". She has an affinity for the nature shows "It is very rewarding to make TV programmes that people respond to. Over the years, we've seen a huge surge in interest in walking and the great outdoors. Programmes like Countryfile are now very popular." Julia finds the changing cultures and attitudes towards these topics greatly encouraging, as she cherishes her own personal experiences in the countryside.

Her private life these days tends to mirror her working life, with her family lineage still resident in Rutland where she frequently visits her parents, with her home set near her work in London. With filming constantly on the go, she is often torn between the country and the city during hectic on-the-road schedules. "We are never in one particular place for Countryfile, we are in Scotland one week, then North Yorkshire or the Cotswolds or indeed, Dorset the next".

Following the success of the acclaimed TV series and one of Julia's most demanding rambling feats so far, "Coast to Coast", Julia proudly presents the accompanying book in celebration of the 40th anniversary of Wainwright's revered route.

The much-loved fell walker Alfred Wainwright created one of the truly great walking challenges; to walk across the whole of England. The Coast to Coast route was Wainwright's last great venture and has become his greatest legacy to long distance walkers; a beautifully simple proposition, linking three national parks that lie between the Irish and the North Sea - The Lake District, The Yorkshire Dales and The North Yorkshire Moors National Parks.



COUNTRYPHILE

WITH A NEW BOOK RELEASE DUE IN APRIL BASED ON ONE OF HER MANY ACCLAIMED GREAT OUTDOORS TV PROGRAMMES, JULIA BRADBURY GAVE A FEW MINUTES OF HER PRECIOUS TIME TO TALK EXCLUSIVELY TO VILLAGE MAGAZINE

“IT IS VERY REWARDING TO MAKE TV PROGRAMMES THAT PEOPLE RESPOND TO”



She encourages her viewing public to give it a go themselves. “It’s a long distance walk that is a challenge for anybody. It’s either something that you block two or three weeks of your life out for or maybe it’s something that you might endeavour to do over a series of weekends, and do it in a sort of patchwork kind of way. It depends on your schedule and how much time you have for it.”

Julia admitted the hardest part of completing the walk was not only the physical aspects but the actual filming itself. She explains “We’re not just getting from point A to point B at the end of every day, for us it’s about filming that process and about capturing the best moments for the camera as well. We are up against a time schedule and you have markers that you have to hit and you have things that you need to accomplish that day and capture it on film.”

The book, which is due for release 4th April, collects together all six stages of the walk from the BBC TV series, with Julia’s commentary on her experience of the walk accompanied by stills, evocative landscape photography, and AW’s celebrated line drawings. Julia crosses this changing landscape in sun, wind and rain, learns something of its history and meets the people that make up almost 200 miles of northern England’s most glorious countryside.

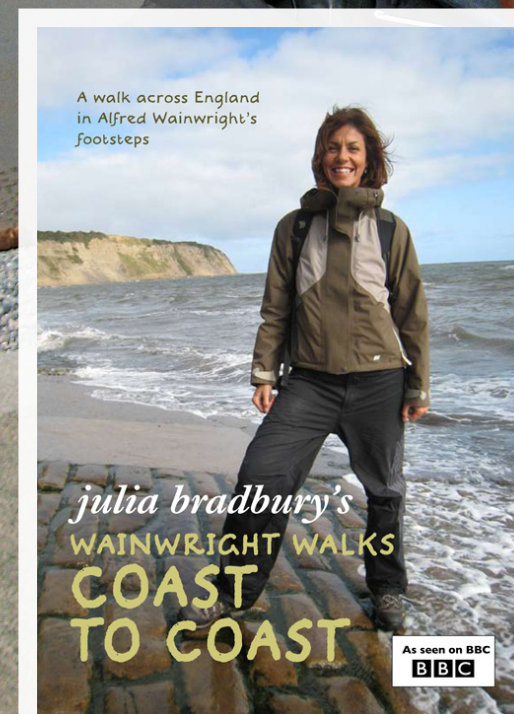


While filming 'Wainwright Walks' - Julia with Jan the camera woman

When Julia isn’t rambling the hills, filming documentary series or taking part in celebrity style reality shows, where we recently saw her compete in The Great British Bake Off and play host in Come Dine With Me, she enjoys the simple things in life; spending time with her beloved boy Zephyr. A new mum she dotes on her joyful offspring, “Enjoying him and enjoying the first few years, which everybody tells me will speed by and they are indeed rushing by at a great rate of knots. So my down time is spent with him and it’s absolutely wonderful”.

WIN A FABULOUS SIGNED SET OF THE POPULAR TELEVISION PRESENTER JULIA BRADBURY'S BOOKS AND DVD'S

VILLAGE MAGAZINE HAS THREE EXCLUSIVE SIGNED SETS TO GIVE AWAY



All you have to do to stand a chance of winning one of the three prizes is to answer the following question correctly...

What is the name of the member of the Royal family that Julia interviewed recently on Countryfile?

To enter the competition to win one of the book and DVD sets signed by Julia Bradbury, please email your answer to: julia@juliabradbury.com providing your name, address & phone number so we can contact you if you are a lucky winner! Winners will be drawn at random from correct entries at the end of May 2013. Winners will then be notified via email and the prizes dispatched.

Julia Bradbury's Wainwright Walks: Coast to Coast is published by Frances Lincoln, £14.99 paperback and ebook, www.franceslincoln.com

TERMS & CONDITIONS

1. Only one entry per person, per email address & per postal address is allowed. Multiple entries will be disqualified.
2. Employees and associates of Village Magazine and/or Julia Bradbury can not enter the competition.
3. No cash alternative to the prizes is available or offered.
4. Competition entry is made via email only.
5. The deadline for email entries is mid-day on Friday May 31st 2013. Entries made after this time will be ignored.
6. No correspondence will be entered into with entries which are not lucky enough to win a prize. Full set of competition rules available upon request by sending an email to compo@villagemags.co.uk
7. JuliaBradbury.com reserves the right to offer alternative prizes should it decide to.

Fingers crossed everyone.