

# Best Walks With A View

## with Julia Bradbury

TV presenter Julia Bradbury is a real champion of the UK holiday industry, famously enthusiastic about striding out to celebrate the Great British outdoors. Celebrity Ambassador for Ramblers Worldwide Holidays and the first female president of the Camping and Caravanning Club, she's also a regular visitor to many of the industry's biggest events, where she inspires a whole new wave of potential explorers eager to discover some of the UK's most beautiful hotspots.

**A**s television's queen of the outdoors, Julia has laced up her walking boots afresh and is now set to stride confidently into living rooms for a brand new series. Once again Julia and her film crew have been off the beaten track, discovering some of Britain's most breath-taking scenery. The result: *Best Walks with a View* is currently airing at 8pm on Friday nights on ITV.

The series has a great concept too – Julia has called on her years of experience to select family friendly treks that can easily be done in a day. You can tune in as in her own inimitable style Julia brings each walk

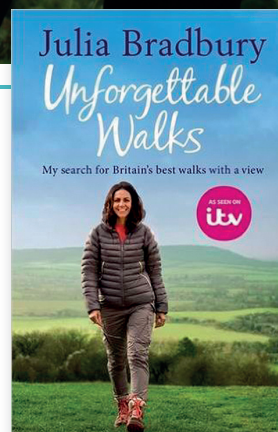
to life while you watch from your sofa, then plan your own escape to experience the walk for yourself as part of your own holiday plans a little later.

### THE PERFECT FOOD LOVER'S TWIST!

Each programme features walks under ten miles, taking the viewer up and down dales, fellsides and mountains, along valleys and coastal paths, across rivers and streams, and through fields and woodland. Each ends with a perfect pub lunch or picnic treat, an insightful twist which will bring delight to many planning to follow in her footsteps and wanting to keep all

### THE WALK CHAPTERS

- 1 Dorset: The Golden Cap Walk
- 2 The Cotswolds: The Cleeve Hill Walk
- 3 Anglesey: The Snowdon View Walk
- 4 The Dales: The Malham Cove Walk
- 5 The Lakes: The Borrowdale Valley Walk
- 6 Cumbria: The High Cup Nick Walk
- 7 The South Downs: The Birling Gap Walk
- 8 The Peak District: The Kinder Scout Walk



ABOVE A passion for walking – Julia at Castle Craggs courtesy of The Outdoor Guide.

ABOVE RIGHT Julia on Nooe Stool, Edale, courtesy of www.theoutdoorguide.co.uk.

RIGHT & LEFT Image: Cristian Barnett.



members of the group happy.

There's a wealth of useful information to support the series too in the form of *The Outdoor Guide*, a great website which goes behind the scenes every step of the way as Julia makes her small screen comeback following the birth of twin daughters Xanthe and Zena. The site gives viewers access to exclusive out-takes, unseen footage and additional information on each walk, the local characters featured, and the best pubs, cafes and picnic spots.

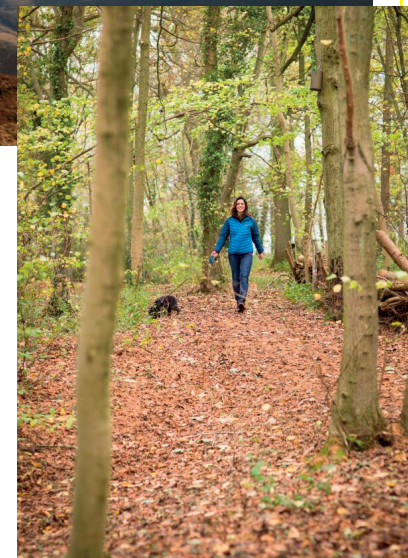
### READ ALL ABOUT IT!

If you've missed any of the episodes don't panic, although they're well worth catching on ITV Catch Up as they really do make you feel like pulling your walking boots on! A new *Unforgettable Walks – Best Walks With A View* hardback book has just been published priced at £16.99 tying in with the series and episodes.

Both a practical guide and a love letter to walking and walkers, this book explores who walkers are and how walking across a landscape brings its people together, and show even those who don't live in the countryside are never more than a train ride away from stunning natural beauty. Drawing

on the great British nature writing tradition and accompanied with maps and illustrations, this beautiful book will fit as well on a bookshelf as in a rucksack.

Reflecting the programme episodes each of the walks featured in the book is under 10 miles. Collectively they cover the whole range of Britain's diverse and beautiful landscapes, from the Jurassic coast of Dorset and the rich history of the South Downs to the breathtaking home-grown scenery of the Peak District and the Yorkshire Dales



### ABOUT JULIA...

Julia Bradbury was born in Dublin to a Greek mother and a Derbyshire-born father. The family moved back to the UK in the early seventies and settled in Rutland (the smallest county in Britain). Business interests of both parents also took them to Sheffield where Julia went to school. Julia's first professional engagement was in the Crucible Theatre's stage production of *Peter Pan*, where she donned a fishtail and got afternoons off school playing a mermaid.

After leaving school she moved to London and after a short spell

of working in the family fashion business, she followed her dream of working in television. She lives in London with her partner and three children.

To follow the adventures...



@juliawalks #juliastog



Julias Walks

www.theoutdoorguide.co.uk