## Presenter JULIA BRADBURY, 38, is

I'm not traditionally good-looking - I have

In my family, venity is a definite no-no.

I have inherited my mother's olive skin

Being well presented is obviously part of my job, but sometimes I'm on top of a

I don't reveal my feelings easily, which

Julia presents Countryfile on 88C One.

'I'm not traditionally good-looking, but I do have lots of bits that I think work well together'



turn 70 this year and I love skinny jeans'

Author and former model SANDRA HOWARD, 69, lives in Kent with her fourth husband Michael Howard, They have two children, Nick, 33, and Larissa. 32. Sandra also has a son. Sholto, from

I don't went to look a completely different age, but equally I think you should make the best of yourself. I have very dry skin

I honestly don't think I will ever be happy in my own skin. When I was modelling,

When I look at my face. I see for too many lines. I also wish I could plump it up

There are days when I feel and look every

There is a fantastic freedom of clothes for women of my age today. There are

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