

HELLO!

No 1668 • 11 JANUARY 2021 • £2.50

**NEW ROYAL
DETAILS**

**AS SHE CELEBRATES
AT HOME WITH
THE CHILDREN**

KATE'S BIRTHDAY TREAT

- HER MILESTONE YEAR AHEAD
- A NEW CHAPTER FOR THE CAMBRIDGE FAMILY
- WORK PLANS REVEALED

AT HOME IN CALIFORNIA



0 2
9 770214 388140
SPAIN: 3.00 € CANARY ISLANDS: 3.80 € PORTUGAL (CONTI): 3.80 € ITALY: 4.30 €
GREECE: 5.20 € GERMANY: 6.50 € AUSTRIA: 7.20 € FRANCE: 4.20 €

**'No matter what
life throws at
you, love wins'**



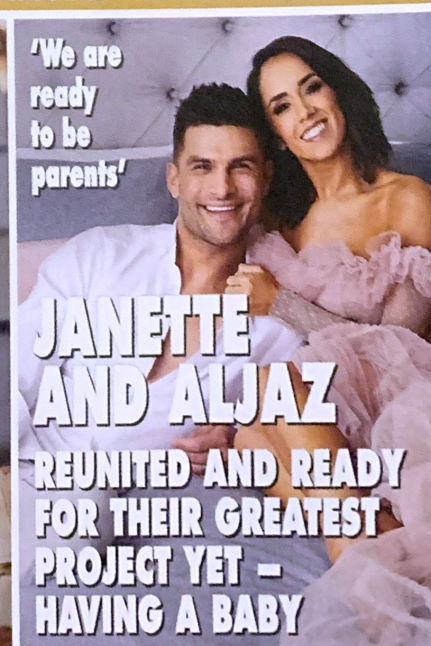
**HARRY AND
MEGHAN**

**REFLECT ON A YEAR OF
CHANGE AND SHARE
HOPES FOR THE FUTURE**


**'She has grown
in confidence and
has absolutely
got it right'**

FREE!
**30-DAY TRIAL
WITH TOP CELEBRITY
FITNESS APP**

TWO STUNNING 'STRICTLY' EXCLUSIVES



INSIDE: MOTSI MABUSE, BINKY FELSTEAD AND SARAH, DUCHESS OF YORK



Rambling woman:
Surveying the
spectacular coastal
scenery in England's
South West region. "It's
doing something I love,
as well as something
I've been doing for
years," Julia says of her
new series for ITV

STEPPING OUT ON HER LATEST SMALL-SCREEN ADVENTURE **JULIA BRADBURY** ON HER 'PERSONAL PASSION' FOR EXPLORING HER HOMELAND AND LIFE WITH HER BEAUTIFUL FAMILY



Keeping mum: In the great outdoors with son Zephyr, nine, and five-year-old twin daughters Xanthe and Zena. The TV presenter is based in London with her partner Gerard Cunningham and their children. "I've always lived here because of work," she says - adding that, happily, the family have a big garden and access to nature

From taking "moody walks" across Dartmoor to trekking the South West Coast Path to Salcombe - "it's like being in the Caribbean" - and strolling along the banks of the River Dart - "I do love a river" - Julia Bradbury's new series about the West Country couldn't be a more positive start to the year.

The eight-part series for ITV explores the beautiful beaches, remote wilderness, ancient woodlands and winding estuaries of Cornwall and Devon and is bursting with the high energy and enthusiasm we've come to expect from the popular presenter.

"It's a kind, soft-hearted, feel-good series and a celebration of nature. That's what we need right now," she says.

In a high-profile career that has spanned two decades, Julia, 50, has rarely been off our screens, although this is her first walking series in five years. Her best known, *Wainwright Walks*, in which she followed in the footsteps of the famous fell walker in the Lake District, earned her the nickname "the walking man's crumpet".

"What's it now... walking

'It's a Kind series... what we need right now'

man's crumpet on a Zimmer?" she jokes.

"I always took it with a good sense of humour and sly chuckle - although you wouldn't get called it today," she adds.

"I was on *Newsnight* the other day, and they introduced me as an 'outdoor evangelist', which sounds a bit more grown up, doesn't it?"

Filming between the national lockdowns, the former BBC *Countryfile* host, who made a series last year about the Greek Islands, travelled the length and breadth of the two counties, including the Isles of Scilly - "one of my favourite places on earth" - and Padstow, where she dived into the surfing culture. "We could all learn something from their way of life and their connection to the ocean and nature," says Julia.

This latest series, she says, is "very personal" because: "It's doing something I love, as well as something I've been doing for years and years."

HOME AND AWAY

Given her passion for the great outdoors, it's perhaps surprising that she still lives in London with her partner, Gerard Cunningham, and their three children - Zephyr, nine, and five-year-old twins Xanthe and Zena.

"I've always lived here because of work, but now that I have children, I have to say it's something I'm constantly rethinking," she admits. "It's a conversation we're frequently having - 'Where could we move to?' I'm racked with a little bit of guilt that I'm killing my children, but not so much, because they're lucky: they have a big garden and more access to green space than most people."

Looking to the year ahead, Julia hopes we'll be able to keep hold of what we've learnt from 2020 and not lose sight of the importance of nature and how it saved us all in the pandemic, and that we treasure our parks, allotments, green spaces and verges", she says. "I don't think we can stay healthy as human beings unless we have some nature in our lives, if we don't have that connection."



INTERVIEW: ROSALIND POWELL

Cornwall and Devon Walks with Julia Bradbury starts on 6 January on ITV.



The series is a fresh adventure for the nature lover, who turned 50 in August. The milestone birthday was, she told HELLO! last year: "A good moment... to be grateful 77 and think: 'Okay, what do you want from the next 30 or 40 years?'"