



Julia Bradbury
enjoys the
South African
landscape

Walking in *sunshine*

Julia Bradbury braves blisters to explore South Africa on foot

NEW TRAVELOGUE

South Africa Walks

Monday-Thursday, BBC4, 8.30pm

Fresh from her adventures in *Railway Walks* and *Wainwright Walks*, *Countryfile*'s Julia Bradbury takes on a new challenge this week when she sets off on four walks to show off the best of South Africa.

The series is part of a new Africa season beginning on BBC4 this week, aimed at whetting our appetites before the World Cup in June. It starts with Bradbury walking alongside South Africa's Indian Ocean coastline, known locally as The Garden Route. We stopped her in her tracks to find out more...

I fell in love with South Africa 20 years ago... I have friends and family there who I've been visiting

for years. I've always wanted to make a series in the country, so this is a dream come true for me.

Walking gives you an experience of discovering a place that's like no other...

There's a saying in South Africa that when you drive you see the land, but when you walk you feel the pulse of Africa through the soles of your feet.

It was a special trip, but I do have a favourite memory...

I went to the Pinnacle Point caves, which are really fascinating. It is the site where early modern man began as a species.

My dad was an enthusiastic walker... I inherited my love of the outdoors from him. From the age of four, I was out with him in the hills of Derbyshire where I grew up.

I'm always travelling for *Countryfile* or in my role as President of the Campaign to Protect Rural England... But my dream journey would be a trek through the Himalayas.

I hope people weren't shocked by my nude photos... I stripped for Cancer Research earlier this month. I've lost three incredibly close friends to cancer in the past three years, so I'm passionate about raising money to find a cure for cancer. The pictures were done with good humour and good taste, and I'm proud of them.

I've always wanted challenges in my TV career... I would love to be involved in a panel game or quiz show. Appearing as a guest on something like *QI* would be really enjoyable.